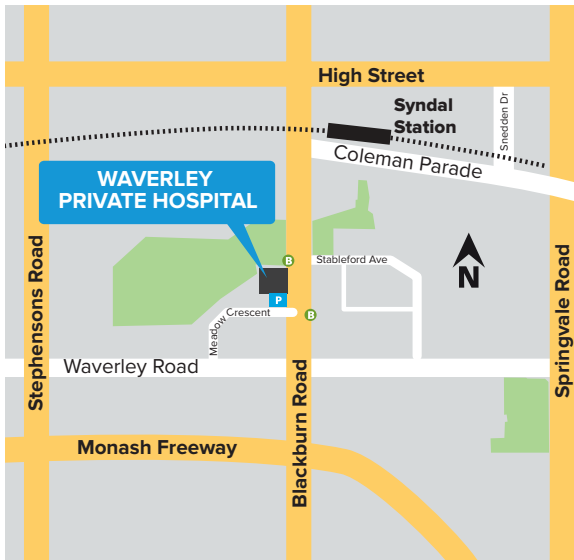


Special Care Nursery Journey



**Waverley
Private Hospital**

Part of Ramsay Health Care

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People caring for people.

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Maternity**Care**



**Waverley
Private Hospital**

Part of Ramsay Health Care

A Special Care Nursery (SCN) looks after babies who are healthier and stronger than babies in a Neonatal Intensive Care Unit. At Waverley Private we can care for babies from approximately 32-33 weeks gestation, who do not require ventilation assistance.

Step One:

Welcome to your Special Care Nursery Journey

- Your baby/babies are being admitted to the Special Care Nursery (SCN) because they require extra care other than routine feeding and parent care on the ward.
- Some of the reasons for your precious baby/babies are coming to SCN are:
 - Babies of gestational diabetic mothers who require blood sugar monitoring
 - Premature babies
 - Babies that are <2.5kg or >4.5kg
 - Babies who require oxygen or intravenous therapy
 - Babies with any abnormalities
 - Babies who develop jaundice requiring treatment

Step Two:

Nursery Care:

- Your baby/babies have been admitted and will be cared for by their own Paediatrician, and should be added to your health fund as soon as possible after birth.
- Your baby/babies may be nursed in an open cot or an isolette, depending on their overall condition and care requirements.
- We provide support with breastfeeding, bottle feeding and general baby care and encourage parent participation in your baby/babies care.
- We provide certain formulas, but if you wish to provide your own particular formula, that can be arranged. Please discuss this with your midwife/nurse.

Step Three:

Preparing for discharge from Special Care Nursery:

- Depending on reasons for admission, your baby/babies is often discharged to your care during your hospital stay.
- In the event your baby needs to stay in SCN after you are discharged home, you and your partner can visit at any time.
- In this case, prior to babies discharge home we offer one night of rooming in (free) where you and your partner are able to provide 24hr care for your baby/babies in a supported environment.
- Both parents can attend SCN and be involved in their babies care; however we do not allow other visitors or children, as it is a small area and for infection control reasons to protect your baby/babies.

SCN can be a confronting place when your baby/babies need to be admitted into the unit. We are here to help you navigate the journey and receive the best possible experience. Never feel a question or query is too small, our midwives/nurses want to ensure you are as best informed as possible. Post discharge services available.

Step Four:

Post Discharge Services Available

- Lactation Clinic, please book online if you wish to utilise this Service post discharge
- Early Parenting Centre (EPC) if down the track you having settling issues with your baby/babies, please call 9881 7671 for more information.

We are here to make your journey easier and to care for your precious bundle of joy!