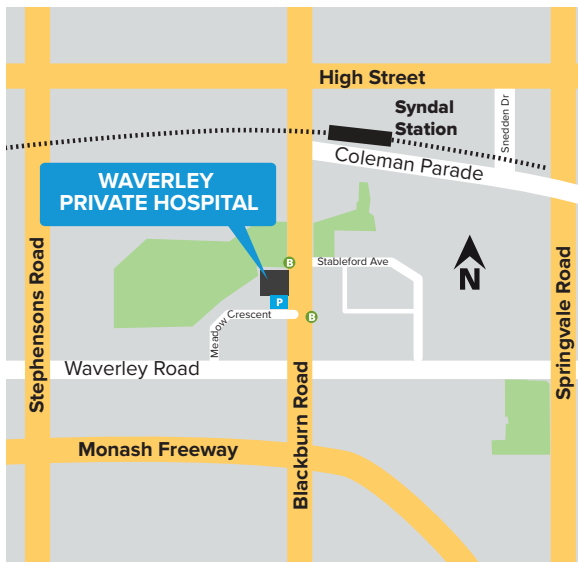


Your Maternity Journey



**Waverley
Private Hospital**

Part of Ramsay Health Care

343 - 357 Blackburn Rd
Mount Waverley VIC 3149

Ph: 03 9881 7700

waverleyprivate.com.au

People caring for people.

MR0039128 WavPH Maternity Journey 4pp DL



Maternity**Care**



**Waverley
Private Hospital**

Part of Ramsay Health Care

Step One:

Booking into Waverley Private Hospital

Waverley Private will receive a booking request from your Obstetrician outlining your details and due date.

You will receive an email to complete your online pre-admission paperwork using either computer, laptop, iPad or Phone. On submission of your paperwork, you will receive an email confirmation that it has been sent.

Please check our website for “what to bring” to hospital for yourself and your baby.

For a Vaginal Birth you will have up to a 4 night stay subject to your health cover.

For a Caesarean Section you will have up to a 5 night stay subject to your health cover.

We offer a range of self-funded packages for your maternity stay if required.

Step Two:

Your Antenatal Journey

During your pregnancy you will have a series of Antenatal visits with your chosen Obstetrician.

Antenatal classes can be booked online and are facilitated by one of our midwives. Classes can be attended anytime after 32 weeks of pregnancy. If at any time during your pregnancy you are concerned about your baby's wellbeing or your own please call Maternity Ward at any time of the day or night.
(9881 7760 or 9881 7750 / 9881 7751)

Welcome / Admission Day

You will present to the hospital main reception either in labour or for your pre booked caesarean section / induction. Reception Staff will ensure all your details are correct.

Step Three:

Ward Admission

You will arrive on the maternity unit where your blood pressure, temperature, pulse and health history will be checked and monitoring of your baby will commence. You will be shown to the area of the ward relevant to your admission by the midwives.

Each step of your journey to meeting your baby is explained in detail as you are labouring or getting ready for caesar by the midwives and your Obstetrician.

Step Four:

Postnatal Stay

Once you return from Birth Suite or Theatre with your baby, you will be accommodated in one of our postnatal rooms where your partner/support person can stay with you.

During your stay, family and friends will be able to visit as per our visiting hours policy. Please ask our friendly midwives for an update at any time.

Meals are available for your partner / support person for a small fee.

Step Five:

Post Discharge Services Available

- Lactation Clinic, please book online if you wish to utilise this Service post discharge
- Early Parenting Centre (EPC) if down the track you having settling issues with your baby/babies, please call 9881 7671 for more information.

We look forward to caring for you and your family during this special journey into parenthood.