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People caring for people.

Your Surgical Journey



Step One:

Online paperwork / admission

This should be completed at home on a computer, laptop, iPad or phone prior to your arrival (preferably 4-7 days prior).

Step Two:

Arrival - Welcome

Please take a seat. If you are unable to sit comfortably, please inform reception staff who will alert our nurses.

COVID-19 Screening

Prior to admission a Rapid Antigen Test (RAT) is only needed if you have travelled overseas recently or are a close household contact. You will also need a RAT if you have any symptoms.

Step Three:

Clerical admission

Admission staff will confirm your clerical details are correct and collect any payments required. They will also ask you a few COVID screening questions. If any queries, a nurse will be asked to consult you.

Step Four:

Nursing admission

We will confirm your COVID-19 screen and that you are well today to have your surgery/procedure.

We will also check your blood pressure, temperature, pulse and health history you provided to us online. You may see your surgeon/doctor and/or anesthetist at this time. Day case patients – we will confirm the details of your designated lift home and provide an estimated discharge time. Please be mindful this will be an estimate only.

Waiting times

Your hospital admission time is decided by your Surgeon / Doctor. We have multiple theatre operating rooms and surgeons working at the same time, as well as admissions to areas of the hospital other than the theatre complex. Your patience with wait times is greatly appreciated. You may notice others called in front of you.

Step Five:

Pre-op wait

You will be asked to change into a gown and be taken to the holding bay. Please be patient as again your entry into our operating theatres is determined by previous patient length of surgery and also by your surgeon / doctor.

Step Six:

Holding bay

Your luggage will be labelled and stored. You will see your Anaesthetist and have your details checked once again for safety. You will be kept warm during this time. If you remain 'cold', please talk to your nurse.

Step Seven:

Operation / surgical procedure

The operating theatre is cool and bright. We understand you may be apprehensive. There is a team of trained professionals to care for you.

Step Eight:

Recovery

Wake up from anaesthetic. The recovery staff will ensure you are made comfortable. Please note visitors are not permitted in recovery unless you are a parent of a paediatric patient (child).

Step Nine

A) Second stage recovery - if you are leaving today

Enjoy food and drink as per your post-operative instructions. Change into your clothes. Your designated lift will be contacted with instructions regarding discharge time and requirement to pick up postoperative medication from pharmacy. Please note, visitors to this area are generally restricted.

Step Nine

B) Ward - if you are staying overnight or longer

You will be transferred to a ward where the next step in your journey will be explained by the friendly ward staff. Your luggage will be transferred to your room. Family / friends will be able to visit you as per our visiting policy.

Please ask our friendly nurses for an update at any time. We wish you all the very best in your recovery.